

# Being the Hands and Feet of Christ for Family/Friends in Crisis at Christmas....or anytime



Pray, with them, for them, and see how the Lord leads you.

*"But Be doers of the word, and not hearers only, deceiving yourselves."*

*James 1:22*

*"As each one has received a special gift, employ it to minister to one another, as good stewards of the manifold Grace of God." 1 Peter 4:10*

*"Heal the sick, raise the dead, cleanse those who have leprosy, drive out demons. Freely you have received, freely give." Matthew 10:8*

*"Bear one another's burdens, and so fulfill the law of Christ." Galatians 6:2*

*"so that there should be no division in the body, but that its parts should have equal concern for each other. If one part suffers, every part suffers with it; if one part is honored, every part rejoices with it." 1 Cor 12:25-26*

*"Rejoice with those who rejoice; mourn with those who mourn." Romans 12:15*

*"...how beautiful are the feet that bring good news." Romans 10:15*

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Just do it...you may ask what they need or how you can help, many people will not even know and those who do may not be comfortable telling you they need someone to clean their house, so just do it.

- 1. Bring food*
- 2. Gift cards*
- 3. House cleaning service*
- 4. Yard work or handy man*
- 5. Help with their kids*
- 6. Invite over for the holidays*
- 7. Cook holiday dinner for them (let them know so they don't have 2)*
- 8. Decorate their home or room*
- 9. Bring goodie bags*
- 10. Caring bridge site or other way to help with updates*
- 11. Research*

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12. *Assist with resources*

13. *Cards*

14. *iPod or CDs and player*

15. *Take them out for a haircut or manicure or some pampering*

16. *Help with other family obligations*

17. *Visit (be sensitive)*

18. *Careful what you say*

19. *Extend grace*

20. *Encourage*

21. *Make a donation in honor of to a foundation/organization*

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For those hospitalized most of the things above apply but here are a few additional ideas

1. *Bring things to make it feel more familiar, add holiday/home feel*
2. *Care packages*
3. *Fundraiser*
4. *Offer to bring things to hospital for them*
5. *Take their laundry home and do it*
6. *Bring hospital survival kit*
7. *Docking station or cd player*
8. *Kids play package\**
9. *Air mattress*
10. *Decorate the hospital room*
11. *Make a collage of pics*
12. *If far away, find local support for them*